

DKG International Society For Key Women Educators

# Wyoming Roundup



## Seek, Soak, Shine and Grow

Spring Leadership Training  
June 18, 2022  
Casper

- Leadership Training for Officers
- SEE Grant Awards
- Achievement Awards
- Sip and Paint
- Chair Yoga
- Incentives and Door Prizes

**Join Us!**

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From WySO President Loretta Tonak:

"I'm looking forward to seeing many of you in Casper and online for our spring leadership training and business meeting on June 18."



Loretta Tonak  
President

*"Several from our state are attending the International Convention in New Orleans in July. You are all welcome to join the fun and fantastic learning opportunity."*



*"Smile to the world and smile to the people you love, as a sunflower smiles at the sun."* – Remez Sa

## Seek, Soak, Shine and Grow at Our Spring Leadership Training

It's been a great first year as your WySO president! I'm looking forward to seeing many of you in Casper and online for our spring leadership training and business meeting on June 18.

We will have some great speakers, training for every member and officer, and fun breakout sessions. Please use the link included in this Round Up to register.

Over the winter months, we have had two Zoom executive board business meetings. Each state officer, committee chair, and chapter president should have received an email about those. If you did not, please contact me at [tonak@wavecom.net](mailto:tonak@wavecom.net), so we can find a way to keep you informed of these meetings.

In one of those business meetings, we set guidelines for our Early Educator Grant in Aid. Carrie Manders, Yvonne Gatley, and Michaela Escoto worked to set up an online application and review those who applied. We'll find out who receives those \$250 grants at our leadership training day. We will also present a state achievement award to one deserving member. There will be door prizes and monetary incentives for chapters that participate.

To begin our day, we will hear from Valerie Bruce, a member of Theta Chapter in Gillette. She will share about her award as Wyoming Teacher of the Year in 2019. She will inspire us with teaching suggestions, book recommendations, and some life skills. We will also be hearing from Barb Clausen, our Northwest Regional Director, via Zoom. She will bring us up to date on all the things happening on the international level.

Several from our state are attending the International Convention in New Orleans in July. You are all welcome to join the fun and fantastic learning opportunity. Register online at [dkg.org](http://dkg.org). There are Wyoming state funds to help with expenses for registration costs. Just drop me an email, and I'll help you get financial assistance.

At the International Convention, we will be revising and amending our bylaws. Once those have been approved, we as a state will align our bylaws to those changes. Your chapter, in turn, should also align your chapter rules to our state and international bylaws. We will give you some pointers and an example of chapter rules on our training day on June 18.

There will also be pointers on Parliamentary Procedure, secretarial duties, duties of a treasurer, and some membership ideas during our afternoon session.

To end the day, you can choose to create a sunflower painting or relax with some chair yoga. It will be a wonderful day of connecting with you, DKG sisters. I really hope to see many of you there.

Finally, please mark your calendars for our fall business meeting. It will be Saturday, September 24. I've requested an international speaker for that event. Next spring in 2023, our state convention will be in Sheridan, WY, with Kappa Chapter hosting the event. No date is set, but you can begin looking forward to it.

Thanks for all your support, involvement, and participation. Keep seeking, soaking, shining, and growing in DKG.



**SPRING  
LEADERSHIP  
TRAINING**

TAKING PLACE IN CASPER, WY  
JUNE 18, 2022

LEADERSHIP TRAINING IN WySO CHAPTERS,  
STATE AND INTERNATIONAL  
SEE GRANT AWARDS  
ACHIEVEMENT AWARD  
PERSONAL GROWTH ACTIVITIES  
DOOR PRIZES  
MUSIC & FUN



*Carrie Manders  
First Vice President*

**PLEASE FILL OUT THE GOOGLE FORM So ACCURATE PLANNING  
CAN TAKE PLACE**

**<https://forms.gle/QY9YLR283U3LFEmaA>**

# SEE Grant

## Updates and Reminders

### Early Educators

#### The latest updates

President Loretta Tonak has been gathering donations for her state project, Grant in Aid for Early Educators.

At the June 18<sup>th</sup> leadership training there will be two grants of \$250 each awarded, one to a WySO members and one to a non-member.

**We need early educators to apply by June 1<sup>st</sup> using the Google Link below.**

We know teachers do not have time which is why we made the application short and simple.



**Please encourage your members and early educators within your district to apply!**

**<https://forms.gle/hrJfyPR7Sm4PiErx5>**





**Shirley Tranas**  
**Treasurer**

## Treasurer's Notes

It looks like spring might be coming. The grass is turning green and hopefully, the sun will appear soon.

I hope all chapter treasurers come to the Leadership training on Saturday, June 18<sup>th</sup>. I will be giving a short workshop on the job of treasurer with a timeline of when things are due. International is serious about due dates. So is the IRS.

Those going to International Convention don't forget to bring your receipts for convention fees. Officers also bring air travel and motel approximate charges. I will then write you a check. If not going to the meeting, send me an email.

Remember Christy Van Horn is taking over on July 1<sup>st</sup>, but I will do the 15A Form for treasurers which will be due no later than July 15. I will send this out when it becomes available.

**"International is  
serious about due  
dates. So is the IRS."**

Shirley Tranas, State Treasurer  
[shirleytranas@gmail.com](mailto:shirleytranas@gmail.com)





INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS  
**DELTA KAPPA GAMMA™**

*By Yvonne Gatley, Leadership Development Chair*

## ***Grow Personally and Professionally with Wyoming DKG***

**Agenda – Saturday, June 18, 2022**  
**Natrona Central Services Building, 970 N. Glenn Rd OR**  
**Virtual**

<b>9:00 – 9:05</b>	<b>Welcome remarks from WySO President Loretta Tonak</b>
<b>9:05 – 9:50</b>	<b>Valerie Bruce, 2019 Wyoming Teacher of the Year and Theta chapter member</b>
<b>9:50 – 10:00</b>	<b>Break</b>
<b>10:00 – 10:50</b>	<b>Barbara Clausen, Northwest Regional Director</b>
<b>10:50 – 11:00</b>	<b>Break</b>
<b>11:00 – 12:00</b>	<b>WySO Business meeting</b>
<b>12:00 – 1:00</b>	<b>Lunch &amp; Awards</b>
<b>1:00 – 2:00</b>	<b>“The ABCs of Chapter Meetings”</b>
<b>2:10 – 2:55</b>	<b>Personal Growth choices Sip and Paint Chair Yoga</b>
<b>2:55 – 3:00</b>	<b>Wrap up</b>

**Grow Personally and Professionally with Wyoming DKG**  
**Saturday, June 18      9:00 am – 3:00 pm**  
**Attend in-person or virtually**

### **Description of Sessions/Activities**

**Valerie Bruce – 2019 Wyoming Teacher of the Year and Theta member**

Valerie Bruce will be speaking on her career and then inspire us with some teaching suggestions, book recommendations, and life coaching. She is currently an Instructional Facilitator with the Campbell County Schools in Rozet.

**Barbara Clausen – Northwest Regional Director**

**What's new at international? Tune in to listen as Barbara Clausen provides us with updates, a message from President Becky Sadowski, and timely information regarding the New Orleans International Convention on July 12-17, 2022.**

## **“The ABCs of Chapter Meetings”**

Wyoming chapter leaders have no fear. This session will ensure your success as you begin your new biennium. Topics to be covered include the following and more:

- parliamentary procedure made easy
- agenda planning
- recording of minutes - do's and don'ts
- chapter rules
- strategic plans

## Personal Growth

**After a focus on business, now comes relaxing. What is your choice?**

**Sip and Paint** (need a picture of a sunflower)

Corrine, an artist at the Artisan Alley in Casper, will lead us in a step-by-step painting of a sunflower with acrylic paints on canvas. The cost will be \$25 for supplies for your personal masterpiece. Please include this fee with your registration. \*Note – must be in-person in Casper to participate.

## Chair Yoga

**In this chair class you will experience a new way of “sitting” something that all humans do a lot. Sitting well versus sitting and shy? We will explore ways to breathe consciously and return to a peaceful state of being. Movement, engagement, and yoga poses will be a fun way to participate in while using the star prop - The Chair!**

JoAnne Lucey, a master yoga instructor, will lead us in stretching and relaxing from the comfort of our chairs. She will be joining us remotely from her studio near Jackson, WY. \*Note – If you are participating virtually in our day, please feel free to join in.

## \$\$\$ Incentives for you and your chapters \$\$\$

Attend in person and receive reimbursement of registration fees courtesy of the Pauline Lanoy Fund. Additionally, chapters can receive a monetary incentive for presidents and other members who attend either in person or via Zoom. Each chapter president who attends will receive a \$25 donation made to their chapter. An additional \$25 will be paid if another chapter member is in attendance, for a total of \$50 possible for a chapter. What a great way to add to your chapter finances!



## Bring a friend



Do you know a fellow educator who may be interested in DKG? Invite her to attend June 18 in Casper. Our sessions planned for “Grow Personally and Professionally with Wyoming DKG”, offer an opportunity for potential members to learn about DKG and its many benefits. Wyoming State Organization and the Pauline Lanoy Fund will cover the cost of her registration. You may even win a prize for bringing a friend. Ask now to get her scheduled.



## WySO Welcomes Speakers at the Spring Leadership Training

**International Guest, Barbara Clausen**, will be giving an international update from President Becky Sadowski. She will also be sharing her ideas and passion for the New Orleans International Conference, July 12-17, 2022

Barbara has been a member of the Washington State Organization and Chi Cowlitz County chapter for forty-four years. She has served as a chapter president, held many state offices, including state president and leadership development chair, and served as a state parliamentarian for seven years. Barbara received the Washington State Achievement Award in 2006. She has led the DKG state strategic planning process for three cycles. At the international level, Barbara has served on the Int. World Fellowship Committee and as chair of that committee a second time. She has also served on the Int. Revision Team, twice on the Int. Constitution Committee, and currently, as Northwest Regional Director on the Administrative Board. Her journey includes her passion for all things DKG, her commitment to its forward movement, and the wonderful fellowship with others as she meets members around the world.



**Barbara Clausen, Northwest Regional Director**

Ms. Clausen taught high school English for thirteen years and served as a building principal, curriculum director, and assistant superintendent in three Washington districts for eighteen years. She then coordinated a second-level teacher certification program at Washington State University Vancouver for ten additional years. After forty-one years in education, Barbara has found a full life besides DKG in her love of quilting, growing flowers, traveling, and writing grants to feed hungry children in Kelso-Longview. She looks forward to meeting you!



**Valerie Bruce, Theta Chapter**, who served as the 2019 Wyoming Teacher of the Year, will be our keynote speaker for our Leadership Conference. Valerie earned her undergraduate degree from the University of Montana-Missoula. In 2017 she earned a Master in Educational Administration and Supervision of Curriculum and Instruction from Chadron State College. She currently is an instructional facilitator in Rozet Elementary School in Campbell County School District #1. She is enthusiastic about all things education and works to ensure that all learners have the best opportunity to grow, persevere, and fall in love with learning. Valerie is honored to be a part of the work DKG does to benefit the community and serve the mission of empowering key women educators and excellence in education.

JoAnne Lucey will conduct an afternoon break-out session at 2 o'clock on chair yoga. JoAnne began teaching Yoga in 1987 in Saratoga, CA, after completing a 2-year program at the Iyengar Yoga Institute in San Francisco. JoAnne has had the privilege of studying with numerous renowned teachers in her early years of training and completing a 17-year circuit with Anusara Yoga. She traveled abroad and in the US, conducting Immersion and Teacher Training for certification to many extraordinary students. Together with Brown Earth, she developed a YouTube channel and a DVD called "A Dose of Yoga with Sundari." In her yoga career, JoAnne owned and operated three yoga studios up until 2020, giving people from all walks of life a place to gather, share, and study the art of Yoga. She specializes in advanced therapeutic health and the art of deep listening in Yoga and meditation.

She is an E-RYT 500 Certified Yoga Therapist and Neuro-muscular Massage Therapist.



## Shining Chapters Report From Around the State



**Kappa Chapter** It's been a busy winter for Kappa with programs for personal and professional growth.

February's program was delivered by UPRISING, a Wyoming group dedicated to confronting sex trafficking through awareness, education, and outreach. We learned of the many trainings and classes offered for youth and adults. This group has signed up volunteers from many groups including local high schools to spread their message and offer assistance.

Garden of Roses was our annual event to attract new members. Wine, cheese, and chocolate were on the agenda at Yvonne Gatley's home where members and prospective members enjoyed each other's company. They also viewed a PowerPoint that highlighted the many benefits of DKG membership. At this meeting, state president Loretta signed up Kappa members for access to the DKG website. Loretta encourages all chapters to include this sign-up at a meeting. The website is a wealth of information and members may need this one-on-one time to get their accounts up and running.

Local history was on the agenda for April. Ariel Downing presented a program on the schools in Sheridan County. Vignettes of students from 1894 to 1992 were provided as members read to find out what school was like throughout the county. Each member received an informative packet that described how school and life have evolved through time. Through a compare and contrast activity, members gained fascinating knowledge as well as an appreciation for current comforts.

In May we look forward to our annual Founder's Day. We will be inducting new members and installing new chapter officers.

Kappa wishes to thank our outgoing officers for all of their service and dedication to DKG: Co-presidents, Michaela Escoto and Julianne Rye, Secretary, Libby Huskerson, and Treasurer, Maria Fedden

*Submitted by Yvonne Gatley*



**Phi Chapter** Phi Chapter continued to have fun and educational programs this quarter. In February, the chapter celebrated the month and its "National Days." With each station, members learned about the day and made a craft or enjoyed a snack. Lanita Lovercheck and Sandra Gothard shared information about Black History month and their own personal stories and experiences growing up. From bird feeders to cherry pie to margaritas to healthy snacks to, of course, hearts, the ladies celebrated them all! This is a great program idea for any month since every day is a "National Day" of something!

In March, the chapter perused through the history of the Phi Chapter. Ladies looked through photos, newsletters, yearbooks, and various other memorabilia from the past 30 years of the chapter. It was fun to see the current and past members at chapter meetings, activities, and conventions, enjoying each other's company and laying the foundation of the chapter. Fashion was also a high point in the pictures!

As we end the 2022-2023 year, the ladies of the Phi Chapter look forward to warmer weather, a relaxing summer, and welcoming a new slate of officers to the next biennium!

*Submitted by Christy VanHorn*



## Upsilon Chapter

As the 2020-2022 Biennium comes to a close, I reflect on the challenges and triumphs we experienced.

Our DKG family navigated our way through one year of Zoom Meetings and maintained close connections, and provided loving support to each other. We continued to grow our chapter and welcomed seven fabulous new members. This past year has been full of fun, educational, and exciting programs in various historical venues and churches, schools, and even a garden in April.

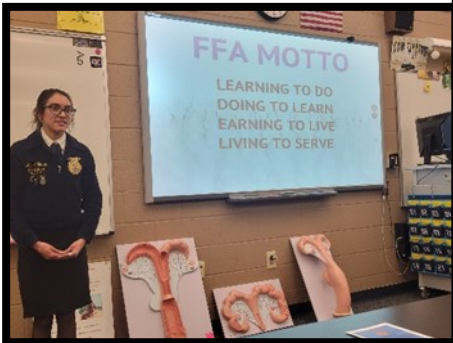
This February our meeting was held in the East High School Ag Department, where Jo Allen and students shared details of the program and their expertise. Members were introduced to a sow and her delightful new piglets.

February and March were very busy for our members as we planned and executed the Annual Upsilon Chapter Book Sale. We used 139,000 boxes and 299 tables, funded eight educational grants for community organizations, and put thousands of books in the hands of young children and adults. We feel very blessed to have such community support for this fundraiser.

In April we met at the beautiful and serene Cheyenne Botanic Garden where book sale grant recipients shared their plans for the funding they were awarded. The creativity and expertise of the grant recipients are remarkable.

Founder's Day Celebration in May is such a special time of the year as we share laughter and friendship with all three Cheyenne Chapters. We install our newly elected President and officers, induct our outstanding new members, and are very excited to begin a new biennium.

*Submitted by Dottie Wallis-Mantell*



## Wyoming State Organization Welcomes New and Returning Members

Upsilon (Cheyenne)  
Judy DeLaura  
Antoinette Hallam  
Morgan Martin



Let's hear about your chapter and its members!  
Send your news to Glenda at  
[grlebhart@aol.com](mailto:grlebhart@aol.com)

## Dates to Remember

### Meetings/Conventions/ Regional Conferences

Wyoming State Organization Spring Leadership  
Workshop  
Casper  
June 18, 2022

2022 DKG International Convention  
New Orleans, LA  
July 12-16, 2022

### Applications & Report Deadlines

Sept. 1, 2020  
Cornetet Award for Professional Development  
[www.dkgef.org](http://www.dkgef.org)

May 15, 2022 Report of Chapter Officers

June 30, 2022 Members to submit dues to chapter treasurer

July 15, 2022 Chapter Treasurer Annual Report

WySO Executive Board Meeting  
Casper  
September 24, 2022

# Wyoming Roundup

Spring Issue 2022

Publication of  
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Wyoming State Organization

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## Seek, Soak, Shine and Grow



### Mission Statement

*Delta Kappa Gamma promotes professional and personal growth of women educators and excellence in education.*



### Vision Statement

*Leading Women Educators Impacting Education Worldwide*

#### 2021-2023 Executive Committee

##### **President**

Loretta Tonak (Kappa)

[tonak@wavecom.net](mailto:tonak@wavecom.net)

##### **First Vice-President**

Carrie Manders (Lambda)

[mandersc123@gmail.com](mailto:mandersc123@gmail.com)

##### **Second Vice-President**

Becky Tish (Alpha)

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##### **Secretary**

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##### **Treasurer**

Shirley Tranas (Kappa)

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Yvonne Gatley (Kappa)

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